## Nutrition Information:

**Cycle Week 1:** Calories 2553, Sodium 3625 mg, Meat/Meat Alt 7, Grain/Bread 6.5; Cycle Week 2: Calories 2598, Sodium 3629 mg, Meat/Meat Alt 7, Grain/Bread 6.75; Cycle Week 3: Calories 2547, Sodium 3349 mg, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 4: Calories 2585, Sodium 3453 mg, Meat/MA 8, Grain/ Bread 6.5; Cycle Week 5: Calories 2579, Sodium 3705, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 6: Calories 2579, Sodium 3291, Meat/ Meat Alt 8, Grain/Bread 6.5

### Charge Policy:

Students will be provided a cheese sandwich, fruit, and milk after three negative charges.

## Breakfast & Lunch Menu

### Nutrition Information:

**Cycle Week 1:** Calories 2553, Sodium 3625 mg, Meat/Meat Alt 7, Grain/Bread 6.5; Cycle Week 2: Calories 2598, Sodium 3629 mg, Meat/Meat Alt 7, Grain/Bread 6.75; Cycle Week 3: Calories 2547, Sodium 3349 mg, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 4: Calories 2585, Sodium 3453 mg, Meat/MA 8, Grain/ Bread 6.5; Cycle Week 5: Calories 2579, Sodium 3705, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 6: Calories 2579, Sodium 3291, Meat/ Meat Alt 8, Grain/Bread 6.5

### Charge Policy:

Students will be provided a cheese sandwich, fruit, and milk after three negative charges.

### Elementary Breakfast Includes:

- Choice of Hot Entrée or Cereal
- Fruit and/or 100% Juice
- 1 % White or FF Chocolate Milk

**Meal Price:** $1.00  
**Reduced Price:** $.30  
**Milk Carton:** $.25

### Elementary Lunch Includes:

- Choice of Hot Entrée & 1 Cold Entrée
- Fruit & Vegetable Bar (Minimum 5 choices)
- 1 % White or FF Chocolate Milk

**Meal Price:** $2.85  
**Reduced Price:** $.40  
**Milk Carton:** $.25

### Symbolizes the daily vegetarian option.
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(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

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