

LUNCH MENU



Did you know?

According to the Greeting Card Association, 190 million Valentine's Day cards are exchanged annually, making Valentine's Day the second most popular greeting card-giving occasion, after Christmas.

Payments

- You can now easily make payments online at EzSchoolPay.com. (A \$2.00 convenience fee will apply)
- Make all checks payable to NUSD

Meal Prices

- Student Lunch \$2.65
- Adult Lunch \$3.60
- Reduced Lunch \$4.40
- Breakfast \$1.00
- Reduced Breakfast \$.30
- Milk \$.25

A daily alternate will be served M-TH consisting of a cheese sandwich, fruit, and milk.

Discrimination Statement

In the operation of Child Nutrition Programs, no person will be discriminated against because of race, color, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250. Note: Cereal is available daily as a substitute item for breakfast. Variety of milk offered daily. Items on the menu are subject to change without notice due to the availability of some food items.

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Spaghetti w/ Meat Sauce WW Roll FFV Bar, Milk	2 No School	3	4
5 Chicken Bowl Mashed Potatoes FFV Bar Milk	6 WG Pizza FFV Bar Milk	7 Hamburger Potato Wedges FFV Bar Milk	8 Salisbury Steak Mashed Potatoes w/ Gravy, WW Roll FFV Bar, Milk	9 No School	10	11
12 Chili w/ Cheese Corn Bread FFV Bar Milk	13 Fish Nugget Potato Wedges FFV Bar Milk	14 <u>EARLY RELEASE</u> Chicken Patty Sandwich Sack Lunch Fruit, Veg, Milk	15 <u>EARLY RELEASE</u> PBJ Sack Lunch Cheese Stick, Fruit, Veg Milk	16 No School	17	18
19 PRESIDENTS DAY! NO SCHOOL	20 WG Pizza FFV Bar Milk	21 WG Chicken Rings Potato Wedges FFV Bar Milk	22 Grilled Cheese Potato Wedges FFV Bar Milk	23 No School	24	25
26 Hamburger Potato Wedges FFV Bar Milk	27 WG Chicken Tenders Mashed Potatoes FFV Bar, Milk	28 Hot Dog Potato Wedges FFV Bar Milk				

Nutrition Information: Cycle Week 1: Calories 2553, Sodium 3625 mg, Meat/Meat Alt 7, Grain/Bread 6.5; Cycle Week 2: Calories 2598, Sodium 3629 mg, Meat/Meat Alt 7, Grain/Bread 6.75; Cycle Week 3: Calories 2598, Sodium, 3354 mg, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 4: Calories 2585, Sodium 3453 mg, Meat/MA 8, Grain/Bread 6.5; Cycle Week 5: Calories 2579, Sodium 3705, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 6: Calories 2579, Sodium 3291, Meat/Meat Alt 7, Grain/Bread 6.75